

HOW TO DEVELOP GRATEFULNESS

OUTLINE

I. WHAT IS GRATEFULNESS?

II. HOW DOES GOD COMMAND GRATEFULNESS?

1. Be grateful to God
2. Be grateful to your parents
3. Be grateful for your conscience
4. Be grateful to your church elders
5. Be grateful to your civil authorities
6. Be grateful to your employer

III. HOW DID JESUS DEMONSTRATE GRATEFULNESS?

1. He thanked God
2. He thanked His parents
3. He honored His conscience
4. He honored His elders
5. He honored His rulers
6. He honored employers

IV. WHICH MEMBERS OF THE BODY ARE REQUIRED TO COMMUNICATE GRATEFULNESS?

1. The Mouth
2. Facial Muscles

The Message of a Smile

The Health front a Smile

V. HOW DOES THE CHICKADEE DEMONSTRATE GRATEFULNESS?

1. Chickadees have a bright song during dark and cold days
2. Chickadees have a song when other birds are silent
3. Chickadees give a bright response to the provision of daily food
4. Chickadees use variety in the way they communicate cheer

VI. HOW TO EXPRESS GRATEFULNESS BY REDIRECTING PRAISE

1. Thank the one who praises you
2. Praise the one who thanks you
3. Recognize those who helped you
4. Distinguish praise from flattery

VII. WHO IN HISTORY DEMONSTRATED GRATEFULNESS?

1. The Grateful Leper
2. King Ahasuerus

3. The Apostle Paul

VIII. HOW TO DISCOVER...

IX. HOW TO BE GRATEFUL

1. How to Express Gratefulness to God

List the daily ways God benefits you

Recall God's help during crises

Turn your gratefulness into a song

Learn and praise the names of God

Give thanks for the hardships of life

Thank God when you are not thankful

Tell others how God has benefited you

2. How to Be Grateful to Your Parents

Honor the sacrifices of your parents

Cherish what your parents have taught

Choose to sit with your parents in public

Choose to dress for your parents

Redirect praise to your parents

Celebrate your parents' special days

Give your parents a grateful smile

Thank your parents for their correction

Find ways to please your parents

3. How to Be Grateful for Your Conscience

Recognize the vital importance of your conscience

Heed the "voice" of your conscience

Maintain a journal of gratefulness

4. How to Be Grateful to Your Church Elders

Praise elders for dedication

Be committed to your elders' success

Show gratefulness to your elders' wives

Encourage your elders' children

Affirm your elders' ministries

Protect your elders' priorities

Praise your elders' Biblical standards

5. How to Be Grateful to Civil Authorities

Trust in God's control over rulers

Thank rulers for their protection

Know the functions of your authorities

Thank God for your civil authorities

Work to make your authorities successful

6. How to Be Grateful to Your Employer

Be an "energy-giver"

Applaud the founder's sacrifices

Keep your eye on the job, not the clock

Don't "learn and leave"

Take note of fringe benefits

Look for ways to save money

Purpose to make your boss successful

X. HOW TO BALANCE GRATEFULNESS

1. With Loyalty
2. With Thoroughness
3. With Punctuality
4. With Sincerity
5. With Love

PRACTICAL ASSIGNMENT